**Culture Care Meanings,**

**Folk Medicinal Practices Reported by Rural Dominicans**

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| ***Item*** | ***Synonym*** | ***Description Method of Use*** | Treatment |
| Escobita blanca | Broomweed | Pulled out with all its roots, washed, and boiled it to a tea | Fever in children and an antidiarrheal |
| Guata pana | Ginger root | Boiled in tea and gargled | Sore throat |
| Hair of the corn (plant) |  | Used in mamajuana | See mamajuana concoction |
| Honey |  | Honey In anything as desired | Improves taste of home remedies |
| Juana la blanca | Juana the white; also known as “blanki neta” | Boiled in tea | Antidiarrheal vaginal infections/ irregular menses Kidney pain |
| Juana la blanca | Juana the white; also known as “blanki neta” | Boiled in tea with lemoncillo and cayena | Cough |
| Lemoncillo (plant) |  | Boiled in tea | Cold/runny nose |
| Marbi | Sweet potato root | Used in mamajuana | See mamajuana concoction |
| Orange leaves |  | Boiled with guanavana in tea | Fever or allergies |
| Oregano |  | Boiled in tea | Gas and upset stomach, slow digestion, antidiarrheal |
| Peiquito (small tree) | English translation is “little dog” | Used in mamajuana | See mamajuana concoction |
| Rompe para guey |  | Shower or bathe in it | Removal of evil eye curse |
| Sour orange root |  | Used in mamjauana | See mamajuana concoction |
| Tuatua | Physic nut plant | Boiled in tea | Upset stomach in children |
| Uka root |  | Boiled in tea | Kidney pain |
| Zebula | Aloe vera | Leaf drippings | Topical for skin irritations |
| Zebula | Aloe vera | Mixed with beets, molasses, and carrots | Vaginal infections |
| Zebula | Aloe vera | Made into ovule for insertion | Vaginal itching/hemorrhoids |
| Zebula | Aloe vera | Drink drippings | Hepatitis |
| Ajo | Garlic | Placed inside wounds | Prevents infection |
| Ajo | Garlic | Placed inside abscess | Matures the abscess and prevents infection |
| ***Item*** | ***Synonym*** | ***Description Method of Use*** | Treatment |
| Ajo | Garlic | Wilted leaf placed on open abscess | Matures the abscess |
| Bicarbonate |  | Mixed with oranges and vinegar | Antidiarrheal |
| Cebolla | Onion | Mixed with honey and lemon | Colds |
| Guanabana (fruit) |  | Fruit juice is consumed | Cold and fever |
| Lemon |  | Mixed with honey and onion | Cough and colds |
| Mamon |  | Green or red fruit from the tree with white flesh that is sucked of the wine | Antacid |
| Melaza | Molasses | Mixed with aloe vera, beets, and carrots | Vaginal infections |
| Naranjas | Oranges | Mixed with bicarbonate and vinegar | Antidiarrheal |
| Papaya | Papaya | Eaten | Constipation |
| Passionfruit | Passionfruit | Boiled in tea | Stomach pain or “bad blood” |
| Passionfruit | Passionfruit | Eaten and digested | Irregular menses |
| Remolochas | Beets | Mixed with aloe vera, molasses, and carrots | Vaginal infections |
| Vinegre | Vinegar | Mixed with bicarbonate and oranges | Antidiarrheal |
| Mamajuana | (may be also known as “mara bali”) | 90% rum, 8%honey, 2% red wine wood, leaves, spices, occasionally ginger root: aged for 6-12 weeks before drinking | Impotence, aphrodisiac, organs of a woman who gives birth outside of a hospital, cures gonorrhea |
| Home mixture | Perfect love, orange, pala de chivo, calbrito, cherry leaves, cherries, and lemons |  | Cough and allergies |
| Pharmacy mixture | Mandania (chamomile), argusema, lordetido, leaves of oscalita | boiled all together and tea consumed | Sweating hot flashes |
| Ensalmar (may involve plants) | (English translation “to cure by spells, a magician nun with prayer”) | Healing chant performed by a bruja, or an elder female | Removes curse |